

Testo-Gain™

DESCRIPTION

Testo-Gain™, provided by Douglas Laboratories®, is a synergistic combination of phytoandrogens, androgenic adaptogens and other herbs designed to help promote optimal testosterone function by maintaining the health of testosterone producing glands and by supporting the healthy functions of testosterone responsive tissues in men and women

FUNCTIONS

Androgenic adaptogens, which support the proper testosterone producing function of the gonads in both genders, include *Tribulus terrestris* as well as *Withania somnifera*, which maintains healthy gonadotrophic hormone production. Phytoandrogens support the function of testosterone and may mimic the anabolic and libido enhancing functions of testosterone. The anabolic function of testosterone is supported with *Eleutherococcus senticosus*, *Lepidium meyenii* and *Mucuna pruriens*. While all phytoandrogens can support healthy sexual function, Epimedium and *Lepidium meyenii*, maintain control over the antiandrogenic affects of glucocorticoids and maintain L-arginine-nitric oxide activity, respectively. The L-dopa found in *Mucuna* may maintain optimal sex drive and sexual impulses in humans by supporting dopaminergic functions. This formulation offers hormone-free support of testosterone function for both men and women.

INDICATIONS

Testo-Gain may be a useful dietary supplement for individuals wishing to support healthy testosterone function.

FORMULA (#99094)

Three Capsules Contain:

Testo-Gain Herbal Proprietary Blend 2250 mg
Asparagus (young shoots), Damiana (leaf), Epimedium (Horny Goat Weed, aerial parts, standardized to 10% icarin), *Lepidium meyenii* (maca, root), *Mucuna pruriens* (seed, standardized to 10% l-dopa), *Tribulus terrestris* (root), *Withania somnifera* (Ashwaganda, root), and *Eleutherococcus senticosus* (root, standardized to 0.8% eleutherosides)

SUGGESTED USE

Adults take 3 capsules daily with meals or as directed by physician.

SIDE EFFECTS

WARNING: Not to be used by pregnant or nursing women.

HOW SUPPLIED

Supplied in bottles of 90 capsules.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

- Al-Ali M, Wahbi S, Twajj H, Al-Badr A. Tribulus terrestris: preliminary study of its diuretic and contractile effects and comparison with Zea mays. J Ethnopharmacol. 2003 Apr;85(2-3):257-60.
- Al-Qarawi AA, Abdel-Rahman HA, El-Badry AA, Harraz F, Razig NA, Abdel-Magied EM. The effect of extracts of Cynomorium coccineum and Withania somnifera on gonadotrophins and ovarian follicles of immature Wistar rats. Phytother Res. 2000 Jun;14(4):288-90.
- Arcasoy HB, Erenmemisoglu A, Tekol Y, Kurucu S, Kartal M. Effect of Tribulus terrestris L. saponin mixture on some smooth muscle preparations: a preliminary study. Boll Chim Farm. 1998 Dec;137(11):473-5.
- Archana R, Namasivayam A. Antistressor effect of Withania somnifera. J Ethnopharmacol. 1999 Jan;64(1):91-3.
- Arletti R, Benelli A, Cavazzuti E, Scarpetta G, Bertolini A. Stimulating property of Turnera diffusa and Pfaffia paniculata extracts on the sexual-behavior of male rats. Psychopharmacology (Berl). 1999 Mar;143(1):15-9.
- Arushanian EB, Baida OA, Mastiagin SS, Popova AP, Shikina IB. [Effect of eleutherococcus on short-term memory and visual perception in healthy humans] Eksp Klin Farmakol. 2003 Sep-Oct;66(5):10-3. Russian.
- Gonzales GF, Cordova A, Vega K, Chung A, Villena A, Gonez C, Castillo S. Effect of Lepidium meyenii (MACA) on sexual desire and its absent relationship with serum testosterone levels in adult healthy men. Andrologia. 2002 Dec;34(6):367-72.

(continued on reverse)

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440**