

The Twelve Menopause Types® Chart

	Normal Testosterone	Low Testosterone	High Testosterone
Adequate Estradiol & Progesterone	Type 1 Adequate Estradiol & Progesterone Normal Testosterone	Type 2 Adequate Estradiol & Progesterone Low Testosterone	Type 3 Adequate Estradiol & Progesterone High Testosterone
Inadequate Estradiol	Type 4 Inadequate Estradiol Normal Testosterone	Type 5 Inadequate Estradiol Low Testosterone	Type 6 Inadequate Estradiol High Testosterone
Inadequate Progesterone	Type 7 Inadequate Progesterone Normal Testosterone	Type 8 Inadequate Progesterone Low Testosterone	Type 9 Inadequate Progesterone High Testosterone
Inadequate Estradiol & Progesterone	Type 10 Inadequate Estradiol & Progesterone Normal Testosterone	Type 11 Inadequate Estradiol & Progesterone Low Testosterone	Type 12 Inadequate Estradiol & Progesterone High Testosterone

Taken from Discover Your Menopause Type, by Dr. Joseph Collins